

SOCIAL MIND

Got a social mind... and a big heart
Let's connect, now's the time to kickstart
Lift off, we about to rocket (rock it)
Let's talk about your passions and your favorite topics

Like... what is it you love to do?
What makes you feel comfortable?
When are you untouchable?
Ha! I'll eat it up like a Lunchable
Ask you questions and I'll remind you that you're lovable

Yeah, and when you're feeling down
I'll let you know I'm there - I like having you around
You don't need to change your feelings or conditions
I'm not trying to fix it, I'm just here to listen

So let's go, get this show on the road
Heart set aglow so it just might explode
I'm in a social mode - I can see it on your face
It's a friendSHIP so let's sail to outer space (ay!)



FEELINGS

Feeling good, feeling good, feeling great now
But the next day feels like a breakdown
These emotions goin' back and forth
So I'm askin' for a pause and a break now

Feeling down, feeling lost in the sadness
See a glimmer of hope, gotta grab this
Feeling so caught up in the madness
Look inside 'til I find it's a habit

Gotta name it to tame it,
These feelings aren't dangerous
There's no need to change it, I know

If I can allow it, I might just see how it
Will help me to grow

If I think I can't bear it,
I just need to share it
I know that you feel me too
So when my mind's reeling
I can let that be healing too

Whether anxious or angry or passionate about my purpose
Whether brave or afraid or maybe just nervous
I'm searchin' for words that make sense of sensation
I know I can get there if I'll just be patient

Waitin' and takin' a second to breathe
"What am I feeling?" is the question I need
There's nothing to change or try to remove
We got this - yeah, we gon' make it through

We got this - we gon' make it through



SARCASM

Sometimes people don't say what they mean
They might be mocking you, tryna be making a scene
Gotta stay away from haters like you're changing the team
Cuz those smiles aren't nice - they as fake as can be

I'm waitin' to see how you're treatin' your friends
That lets me know if we ever gon be speaking again
I'm reaching the end of my patience and hittin' my limit
Feelin' tight lipped like this grin is a grimace

Finished with critics who be makin' me feel bad
They only win if I show them when I feel mad
The gap between Kind and Cruel? That's a hard chasm
Words designed to fool? That's sarcasm

Imagine that I said that I wasn't rockin' this
Yeah I said one thing and meant the opposite
Cuz I stay on top of this, the best in the metropolis
I'm Blake B. It's really me - you know who you talkin' with



CHANGES

Seasons come and go

Got a Spring in my step cuz I'm ready for the snow

Even if I Fall then you know I'm gonna grow

Winner (Winter) cuz I summon (Summer) up my fears and let 'em flow

Let it roll, at least that's what I try to do

But it can be hard when changes start to frighten you

Might feel that pain or anger up inside of you

Feeling like you're stuck on a train just riding through

Surprises do arise it's true - I guess I need

To hang with the change, take a pause and try to breathe

Sayin' what I felt now instead of having meltdowns

I don't have to shout 'cause I can help my self out

When I'm mad, worry that I might explode

Watch what I say when I'm hot just like a stove

Take a deep breath when I feel I got to go

If I'm on fire then I gotta drop and roll

Because my words can burn a house if I don't turn around

And think of a solution so that we can work it out

Go for a run, get a hug, or bang a drum

The only thing that's certain is that change is gonna come



CONVERSATIONS

I'm trying to talk to you
You trying to talk to me
It's normal at the start
To feel awkwardly

I'm staying topically focused on what you're discussing
So tell me bout your passions and what you are lovin'

Let's discover it... help you feel engaged
It's okay if you pause or need to look away
We can reconnect or call it a day
Stayin' in flow- no need to be afraid

We can play, talking back and forth for hours
Conversation juicy like it's bout to be devoured
Picking out topics like apples at a farmers market
Getting to the core of the message when I'm on the target

Give you space to share
And then I'll reflect
Thinking bout what you said, not what I'm saying next
You gon' be impressed - it's like I'm calmly pacin'
The way I go back and forth - the art of conversation

